

Purpose

This Policy outlines the criteria to manage an athlete selected to a National Team with a Medical Plan who engages in biathlon activities as part of their National Team membership.

Biathlon activities include races, events, training sessions, training camps and programs, education activities and social activities which are held by Biathlon Australia (both overseas and in Australia and including entry into IBU events) for its national teams.

Medical Plan Disclosure

Athletes selected to a National Team who have medical plans from a medical practitioner due to the possibility of suffering a medical episode(s) must disclose and provide a Medical Plan of Management to Biathlon Australia.

Biathlon Australia (BA) Management

Upon receipt of a Management Plan, Biathlon Australia will consult with the parent/carer regarding the implementing of the medical plan.

If necessary, this will include a plan of management which allows for the athlete to attend National Team biathlon activities.

Upon diagnosis:

Parents and carers will be required to:

- 1) obtain a Medical Management Plan from the athlete's medical practitioner and provide a copy to BA as soon as practicable. 14 days notice is required to allow discussion on how to manage and subsequently implement an action plan of management.
- 2) immediately inform BA if there is a relevant change in the athlete's medical condition and provide an updated Medical Management Plan for review and update of the Action Management Plan in place.
- 3) provide an up-to-date photo of the athlete for the Medical Action Plan when the Medical Management Plan is provided to BA's administration manager and each time it is reviewed
- 4) ensure the athlete has access to current (not expired) adrenaline auto injectors (or other required medication) and is self-sufficient in the administration, or a person(s) capable of administration is in attendance at the activity the athlete is attending.
- 5) participate in annual reviews of the athlete's Medical Action Plan.
- 6) Each athlete's Medical Management Plan is required to include:
 - (i) information about the athlete's medical condition that relates to allergies and the potential for reaction. The Medical Plan is required to include the type of allergy(s) the athlete has.
 - (ii) information about the signs or symptoms the athlete might exhibit in the event of an allergic reaction based on a written diagnosis from a medical practitioner.

- 7) Each athlete's Medical Action Plan is required to include:

- (iii) strategies to minimise the risk of exposure to known allergens while the athlete is taking part in BA activities (both in Australia and overseas) including the shooting range and ski track's at various biathlon venues , at training camps and or at special events conducted, organised or attended by BA athletes .
- (iv) the name of the person(s) responsible for implementing the risk minimisation strategies, which have been identified in the Plan

8) Each of the Plans in (7) and (8) should include:

- i) information about where the athlete's medication will be stored
- ii) the athlete's emergency contact details
- iii) an approval of the athlete's Medical Action Plan by the Athlete's medical practitioner.